



LEADING SELF

Equips individuals with the tools, knowledge and resources required to effectively lead themselves and maximise their performance potential.

BespokeHR

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ARE YOU...

- Struggling to communicate effectively with your colleagues
- Having difficulty building strong working relationships
- Missing deadlines or important commitments
- Lacking direction and unsure where your career is headed
- Constantly busy but not really achieving much

If you answered yes to any of these questions, the Leading Self program can help!



WHO IS THE PROGRAM FOR?

The program is designed for individuals looking to build more effective working relationships and gain key skills to improve their personal performance and effectiveness.

PROGRAM OVERVIEW

Leading Self is all about empowering individuals to be their best by focusing on personal growth and development.

This reflective one-day program is designed to enhance participants' working relationships, personal performance, and overall effectiveness. It aims to support individuals in understanding their preferred working styles, improving time and priority management, and recognising and leveraging the unique qualities that make them a valuable asset in the workplace.

Ultimately, the training equips individuals with the tools, knowledge and resources required to effectively lead themselves and maximise their performance potential.



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WHAT YOU WILL WALK AWAY WITH

- A thorough understanding of your preferred working style and communication preferences through the lens of Everything DiSC
- Enhanced ability to establish and nurture meaningful connections with others
- Clear understanding and importance of your personal brand and its alignment to your professional goals
- Strengthened personal accountability for increased productivity and reliability
- Effective goal-setting techniques to increase focus and drive personal and professional achievement
- Improved skills in planning, prioritising, and time management to optimise productivity and efficiency.



WHAT'S THE INVESTMENT?

The total investment for this program is **\$799+GST** and includes:

- A full day of intensive training and support facilitated by Senior BespokeHR Business Partner
- A personalise Everything DiSC Workplace Profile, summary report and group debrief
- A comprehensive program workbook including tools and templates you can immediately integrate back into your workplace
- Lunch and refreshments

WHEN AND WHERE IS THE PROGRAM?

Leading Self is a full-day workshop (9.30 am – 4.30 pm) offered twice a year, however, places are limited so please book early to avoid disappointment.

To view upcoming dates and to book please click [here](#) or email admin@bespokehr.com.au.

The program is run at a variety of comfortable and well-equipped venues within 6km of the Adelaide CBD. The specific venue details will be confirmed upon booking